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The Daily Litany of Al-Qadiriyyah Order

It is the litany of the Murid (Novice) of the Order of al-Qadiriyyah al-`Aliyyah, as I have received it from my esteemed master, Syed Sheikh `Ubaidullah al-Qadiri, may his secret be sanctified. It is assigned to the Murid at the commencement of their Sufi journey and constitutes an obligatory daily practice for the Murid, which should not be abandoned under any circumstances while they remain within this Sufi Order. This is the blessed litany [1]:

I seek forgiveness of Allah, the Almighty. (Lit: Astaghfir ul-Allah Al-`Aziim)	100 times.
There is none has the right to be worshipped but Allah. (Lit: La Ilaha Illa Allah)	200 times.
O, Allah! Send your peace and blessings upon the our master Muhammad, his family and his companions, and grant them peace, in accordance with the extent of Your Knowledge. (Lit: Allahuma Salli `Ala Sayidena Muhammad Wa `Ala Aalihi Wa Sahbihi Wa Salaam Bi`adada `Ilmak)	100 times.
Chapter of the Opening. (Lit: Surat ul-Fatihah)	100 times.

The Granted Litany of Al-Qadiriyyah Order

These are the **Tawhibat al-Qadiriyyah** (The Granted Litany of al-Qadiriyyah), as I have received them from my esteemed master, Syed Sheikh `Ubaidullah al-Qadiri, may his secret be sanctified. They are given to the Murid at the beginning of their Sufi journey, along with the noble litany, which is a required daily practice for the Murid. The Murid must not abandon it under any circumstances while they remain on this Sufi Order. These are the blessed granted litany [2]:

1 Be informed that the optimal time for reciting this litany is after the Fajr prayer. However, if one is unable to do so, it may be recited at any other time during the day. It is recommended to recite it in a single sitting, while facing the noble Qiblah, with eyes closed, contemplating the meaning of the Rememberance, and being mindful of the majesty of the One in whose presence they stand. Should it be difficult to observe these etiquettes, one may recite it according to their ability. It is also permissible to spread the litany throughout the day. If it is missed on any given day, it is obligatory to make up for it the following day, so as to avoid allowing the self to grow accustomed to laziness or negligence in its performance. This serves as a form of discipline. It is further recommended for the Murid (Novice), if they have the capacity, to recite it once in the morning and once in the evening, as this is considered superior.

2 Be aware that the best time to recite these **Tawhibat** is after the Dhuhr prayer. However, if this is not possible, they may be recited at any other time during the day. It is recommended to recite them in one sitting, while facing the

I seek forgiveness of Allah, the Almighty. (Lit: Astaghfir ul-Allah Al-`Aziim)	100 times.
Chapter of the Opening. (Lit: Surat ul-Fatihah)	20 times.
The Verse of Throne (Lit: Aayat al-Kursi)	20 times.

After the Tawhibat, the following supplication is recited:

«O, Allah! Convey and deliver the reward of what I have recited and the light of what I have recited to the majesty of the beloved, the Chosen One, peace and blessings of Allah be upon him and his family, and to the majesty of Imam `Ali, son of Abi Talib, peace be upon him, and to the majesty of Imam al-Husain, peace be upon him, and to the majesty of Imam `Ali Zain al-`Abidin, peace be upon him, and to the majesty of Imam Muhammad al-Baqir, peace be upon him, and to the majesty of Imam Ja`far As-Sadiq, peace be upon him, and to the majesty of Imam Musa al-Kadhim, peace be upon him, and to the majesty of Imam `Ali al-Ridha, peace be upon him. And to the majesty of Sheikh Ma`ruf al-Karkhi, may Allah be pleased with him, and to the presence of Sheikh Sari al-Saqati, may Allah be pleased with him, and to the majesty of Sheikh Junaid al-Baghdadi, may Allah be pleased with him, and to the majesty of Sheikh Muhyi Ad-Din `Abdul Qadir al-Jailani, may Allah be pleased with him, and to the majesty of Sheikh Nur Ad-Din al-Brifikani al-Qadiri, may his secret be sanctified, and to the majesty of Sheikh Ahmad al-Qadiri, and to the majesty of Sheikh Sayyid Muhammad al-Qadiri, and to the majesty of Sheikh `Ubaidullah al-Qadiri, and to all the masters of the Order of al-Qadiriyyah al-`Aliyyah, may their honoured secrets be sanctified. O, my Allah! Forgive Your servant, Mukhlef al-`Ali al-Qadiri, and be to him as You were to them. Ameen.»

The Seven Names of Al-Qadiriyyah Order

My dear Novice, practising the Seven Names is one of the foundational principles of al-Qadiriyyah Order. Every Novice must diligently engage in this practice to ascend through the spiritual ranks of the Order. In fact, the covenant and pledge (Bai`ah) in al-Qadiriyyah Order are not granted until one has completed the practice of the Seven Names.

The method of this practice is as follows:

Begin by invoking the first name and count the number of times you recite it each day. Continue this on the second and third days, and so on, until you

noble Qiblah, with eyes closed, contemplating the meaning of the Rememberance, and being mindful of the majesty of the One in whose presence they stand. Should it be difficult to observe these etiquettes, one may recite it according to their ability. It is also permissible to spread the litany throughout the day. If it is missed on any given day, it is obligatory to make up for it the following day, so as to avoid allowing the self to grow accustomed to laziness or negligence in its performance. This serves as a form of discipline. It is further recommended for the Murid (Novice), if they have the capacity, to recite it once in the morning and once in the evening, as this is considered superior.

complete the recitation of the first name. Then proceed with the remaining names in the same manner, until you have completed all Seven Names.

After finishing with each name from the Seven Names, you should perform two Rak`as of prayer. Upon concluding your prayer, raise your hands in supplication to Allah, fully aware of His Majesty and Power, and say:

«O Allah! I purchase from You my soul (mention the soul you have completed) with 100,000 recitations of (mention the specific invocation associated with it). Accept it from me with good acceptance, for You are its Guardian and the One fully capable of it.»

It is recommended for the Murid to complete the practice of the Seven Names in the shortest time possible. Be aware that the maximum duration for completing this practice is six months, while the minimum is twenty-one days. The shorter the period, the greater the benefit, provided that the Novice adheres to the proper etiquettes of Remembrance (Dhikr). These are the Seven Names as we have received them from our esteemed Sheikhs:

Name of Soul	Dhikr	Times
The Inciting Soul (An-Nafs al-`Ammārah)	There is none has the right to be worshipped but Allah. (Lit: La Ilaha Illa Allah)	100.000 times
The Self-accusing Soul (An-Nafs Al-Luwwamah)	Allah	100.000 times
The Inspired Soul (An-Nafs AL-Mulhamah)	He (Lit: Hoo; It refers to Allah)	100.000 times
The Soul at Peace (An-Nafs AL-Mutma'innah)	Truth (Lit: Haq)	100.000 times
The Pleased Soul (An-Nafs Ar-Radiyyah)	The Living (Lit: Al-Hayy)	100.000 times
The Pleasing Soul (An-Nafs Al-Mardiyyah)	The Eternal (Lit: Al-Qayyum)	100.000 times
The Pure Soul (An-Nafs AL-Kamelah)	The Dominant (Lit: AL-Qahhar)	100.000 times

And All Praise Is Due to Allah, the Lord of All Worlds.